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Internationales Mandel-Institut  
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# Esogetic Colorpuncture

Peter Mandel

The Induction Therapy with the  
“Gamma 40” Program

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This brochure was prepared with the greatest possible diligence to provide accurate information. Many of our therapeutic protocols and their effects are exclusively based on the empirical knowledge of naturopathic medicine. Medical diagnosis and treatment progression, in particular the methods of treatment and their effects, are extremely individual and variable. Hence the success of a treatment cannot be foreseen or guaranteed. Thus we are taking the precaution to point out that we are using the conditional tense in the presentation of our content to underline that point. The word “can” therefore hints at a mere possibility, in the sense of an assumption or conjecture, yet its existence is uncertain and can be paraphrased by the words “perhaps” or “potentially”. On that score we advise you to not take these terms as a promise of cure, as far as a possible treatment success or the appropriateness of a therapy are concerned.

Always keep in mind: Certain diseases and complaints are less or not at all suited for self-treatment. We explicitly want to emphasize that before any self-treatment with our products, especially at home, a consultation with a physician or naturopath is advisable. The author and publisher of the brochure are in no way liable for damages or consequences that result from the application of this brochure.

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## USE OF THE NEW GAMMA 40 PROGRAM

Our clinical observations with the Gamma programs have shown that it is possible to achieve a reversal in severe psychological and physical diseases.

These experiences have been catalyzed by the newest scientific data from neurology, neurobiology and neuropsychiatry.

Therefore it is crucial that we use these new scientific developments to orient ourselves and to expand our thinking, so that we may improve our ability to meet the increasing numbers of diseases, be they psychological or physical in origin.

In order to stay focused on the pertinent details, I just want to mention the two books by the American science journalist Donna Jackson Nakazawa (see appendix). They are obligatory reading for anybody involved in mitigating disease and human pain. I would like to summarize the important points from these books as follows:

1. The first question was whether there is an immune system in the brain, which is interacting with the one of the body. The response comes through the scientific fact that the body and the brain are forming kind of a tandem (Prof. Alan Faden). The reactions of the brain are synchronized with the reactions of the body. It is known that the microglia cells are directly or indirectly in a permanent dialogue with the immune cells of the body.
2. The microglia cells in the brain are not truly glia cells. They are the leucocytes or immune cells of the brain that are able to repair the brain in a specific manner. On the other hand they are also ready to destroy it. It has become obvious that the microglia cells are developing from the same family of stem cells that give rise to and lymphocytes. On the ninth day after conception they migrate into the brain by way of the blood (probably into all three brains heart, cranial and abdominal brain), take up residence there and stay active for the entire life span.
3. In the the body, as well as in the brain, there are immune molecules called complements. These complements have the task to mark damaged cells in the body and neurons and and synapses in the brain. The job of the microglia is to “devour” and discard these marked neurons and synapses. Imagine a forester walking through the woods and marking sick or dying trees with a red dot. That way the loggers know which trees to take care of.
4. Ms. Prof. Beth Stevens has stated that the biological activity of the microglia is being influenced by many environmental factors. Among other factors she is mentioning the chronic stress due to emotional trauma that often starts in childhood already. The stress can be of an emotional or situational nature. The hippocampus, the amygdala and the prefrontal cortex always suffer the brunt of it. Research has shown that the microglia is activated negatively quite early in those circumstance and that in these areas healthy tissue (neurons and synapses) is being assaulted and destroyed.

5. The present findings are quite extensive and will be able to change medicine from the ground up. Physical trauma like a concussion or other forms of intense brain injury can be a cause for severe diseases like Alzheimer's/ dementia, depression or systemic diseases. Nobody had assumed before that the inflammation in the brain was being rekindled, encouraging the microglia cells to destroy neurons and synapses.
6. Ms. Prof. Li-Huei Tsai is a neuroscientist and she discovered as early as 2006 that the polarity of the aggressive microglia cells may be reversed. At the time she was focusing on dementia and the Alzheimer disease in particular. She discovered that offering gamma waves to the brain helped return the microglia cells back to normal function.
7. For Ms. Prof. Tsai the most important frequency was the gamma frequency of 40 Hz. She conducted animal experiments and used probes to send laser supported flashes of light into the sick brain of the animal. An examination of the animals showed a reversal of the hostile microglia cells, yet this invasive therapy only had a temporary effect. Afterwards she stimulated the animals from the outside on the skull, applying the same frequency of 40 Hz. The results were also quite promising and then human trials followed, which also provided surprising results. Yet the duration of such a radiation was quite long and had to be repeated frequently up to an hour.
8. The effect of the gamma waves to calm down the aggressive reactions of the brain and also the body has been known for a long time. The Synapsis programs gamma long and short are showing amazing results. Empirically I had also been familiar with Ms. Prof. Tsai's conclusion that gamma waves of 40 Hz were able to reverse the aggressive microglia. Yet I believe that it is the entire gamma wave band, which plays a crucial part in this.

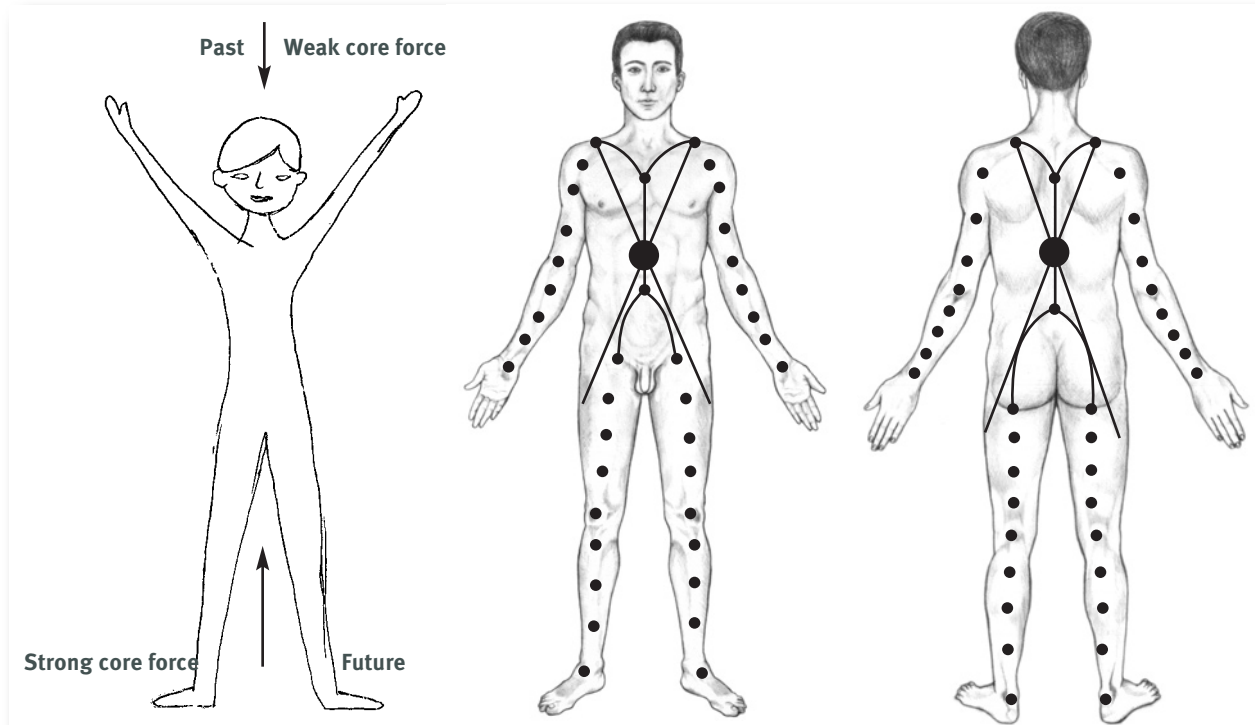
The reports of the scientists led me to transfer the new thoughts about the gamma waves to our induction therapy. We were able to find some new angles for the 40 Hz frequency, using the experiences we had collected with the programs gamma short and gamma long.

## THE PROGRAM GAMMA 40

I had conceptualized the Gamma 40 program as an initial step for a specific treatment. Now we know from extensive tests and patient reactions that this program in itself creates a reversal of the auto-aggressive behavior of brain and body.

We are using it as a basic therapy in all kinds of disease and we have been able to discover supraordinate regulators on the human skin, which I have discussed in much detail in my seminars and webinars.

Let me give you an example.



Using the idea that the upwardly extended arms and the spread legs standing on the ground are receiving the fields of information streaming into us from above and below, the concept of  $4 \times 9 + 1$  point on the arms and legs arose. The imagination is that burdens, memories and perhaps omissions occupy the positions at the top. At the bottom the  $4 \times 9$  points of the legs are representing life in the “here and now”, thus the future and the individual’s life path, which is walked from birth to death. Such a life path implies that a person’s individuality has to be based on a plan or an exposé. Therefore we are presently talking about pre-existence, meaning a space, where this plan is conceived, developed or written. In that regard the Gamma 40 program is also able to provide some amazing reflexes, which in case of a disease may mean the reversal of the process.

From that point of view we have already arrived in the future. We have needed to learn that a disease, no matter what label it carries, is at the end of a chain of events. There always are past negative strains and blockages in a human life that want to be resolved. Nobody will argue that stressful experiences cannot be undone. Yet what is possible is the resolution of blockages through appropriate therapeutic protocols, so that the human being may be able to continue the delineated life path in a free and possibly happy fashion.

In that arena the Gamma 40 program is a very capable player. It also can be used as an additional tool in all other treatments.

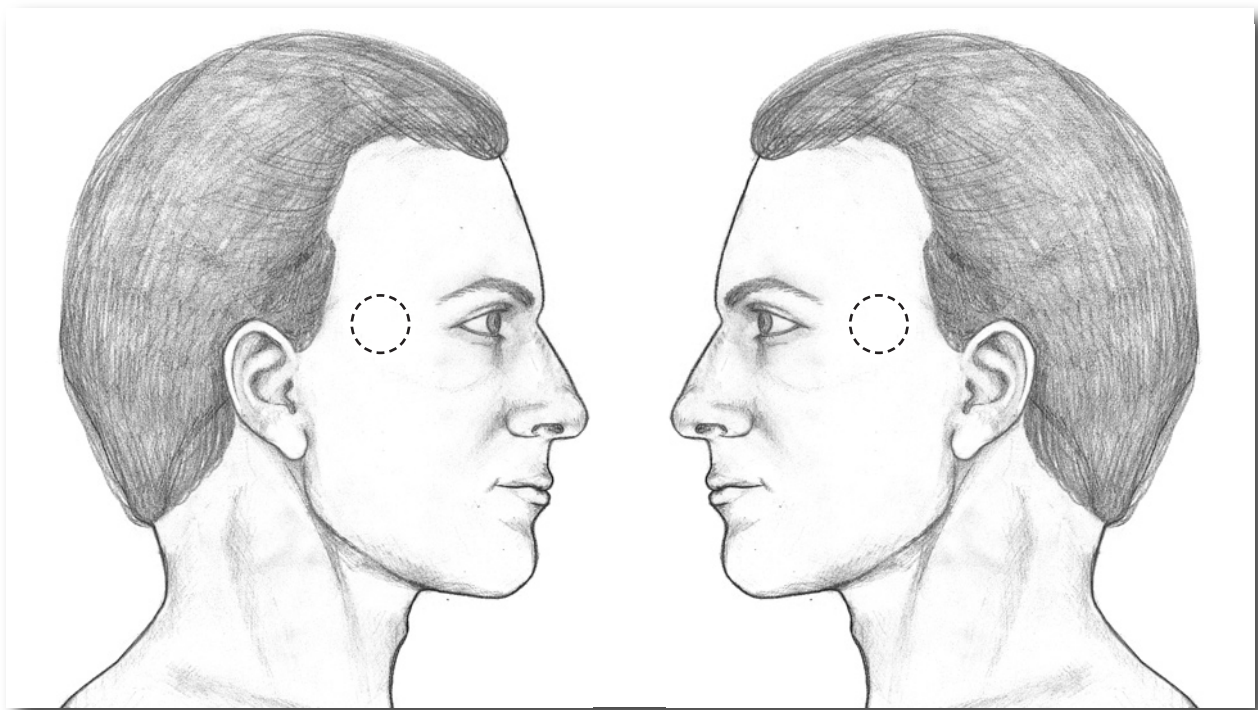
Here are some examples for its application.

## 1. APPLICATION AT THE WRISTS

All the indications mentioned above.

## 2. APPLICATION ACCORDING TO THE INDICATION AT THE REFLEX AREAS

### 1. TREATMENT OF THE AMYGDALA

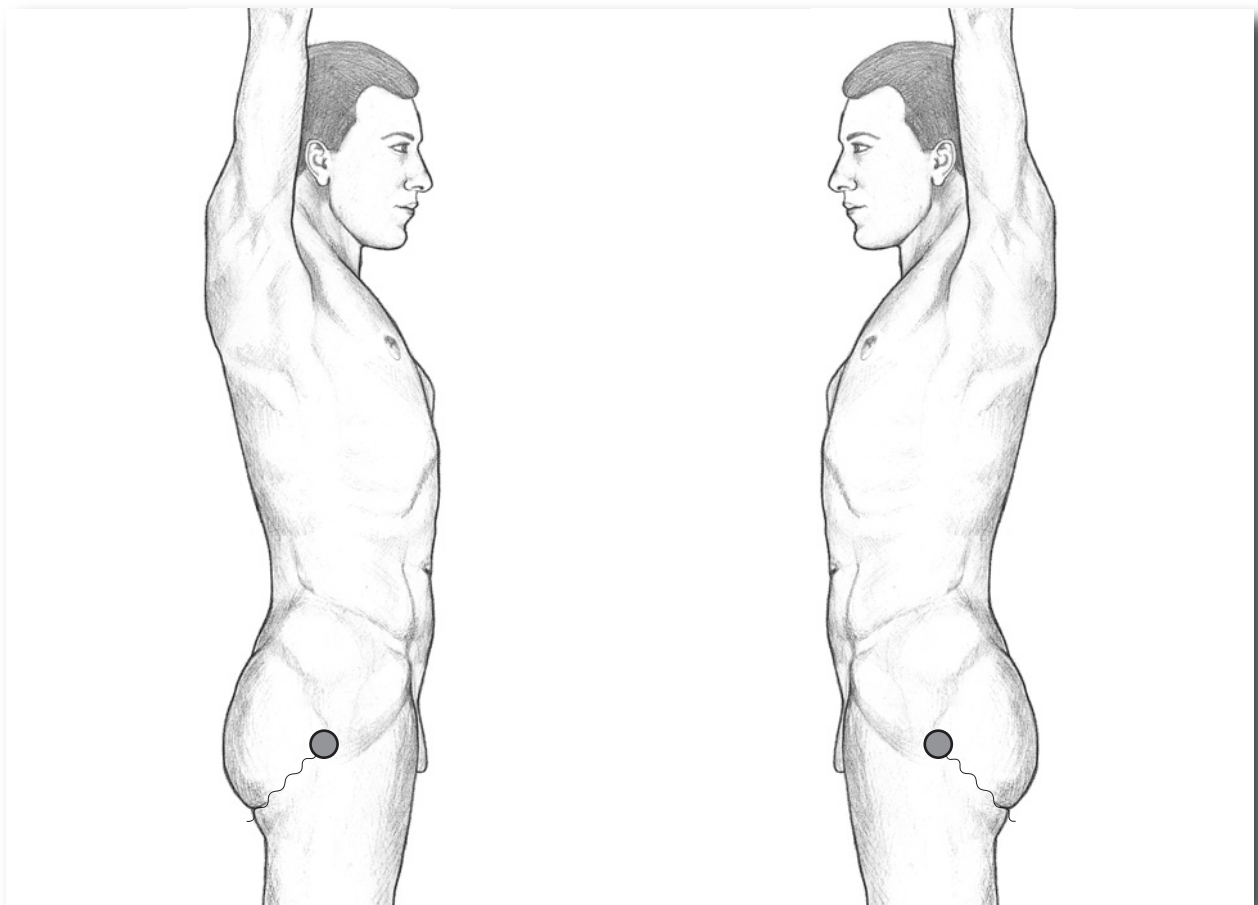


**Location:**

Temporal area

Especially useful, if there have been deeply stressful events in the past, especially during childhood. The Gamma 40 program may also be used, when the symptoms are pointing towards a strong psychological component in a case, when the anamnesis gives us a clue that it has been in the past. The alternation with the programs Gamma short and Power nap would be very beneficial.

## 2. TREATMENT OF THE HIP JOINT

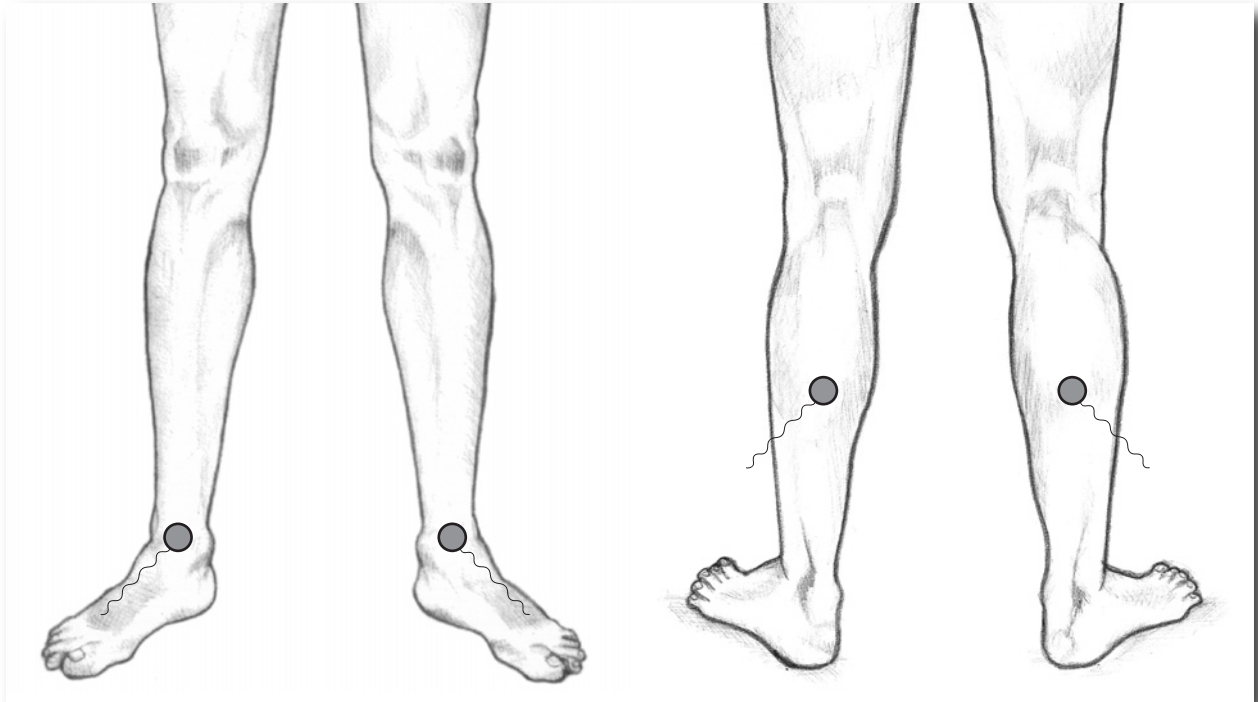


Another great option to apply the Gamma 40 program are the two hip joints directly at the tip of the trochanter. Many years ago we have recognized that this is a zone that is strongly involved in the human individuality. We deduced that from the dreams that were induced, when patients had been applying the Esogetic herbal oil relax at this location daily before going to sleep. It is definite that these two reflex zones are supraordinate sectors. There is a connection to the individuality of the person and thus a relationship to his plan or exposé. All our observations lead to the insight that the Gamma 40 program is influencing the internal (implicit) world of an individual. It regulates and/or activates blocked or buried life information.



### 3. APPLICATION WITH THE ADAPTER ACCORDING TO THE INDICATION AT THE REFLEX AREAS

#### 1. THE SECTORS STOMACH 41 AND THE ZONE OF EXISTENCE

**Location:**

Stomach 41 = Center of the ankle

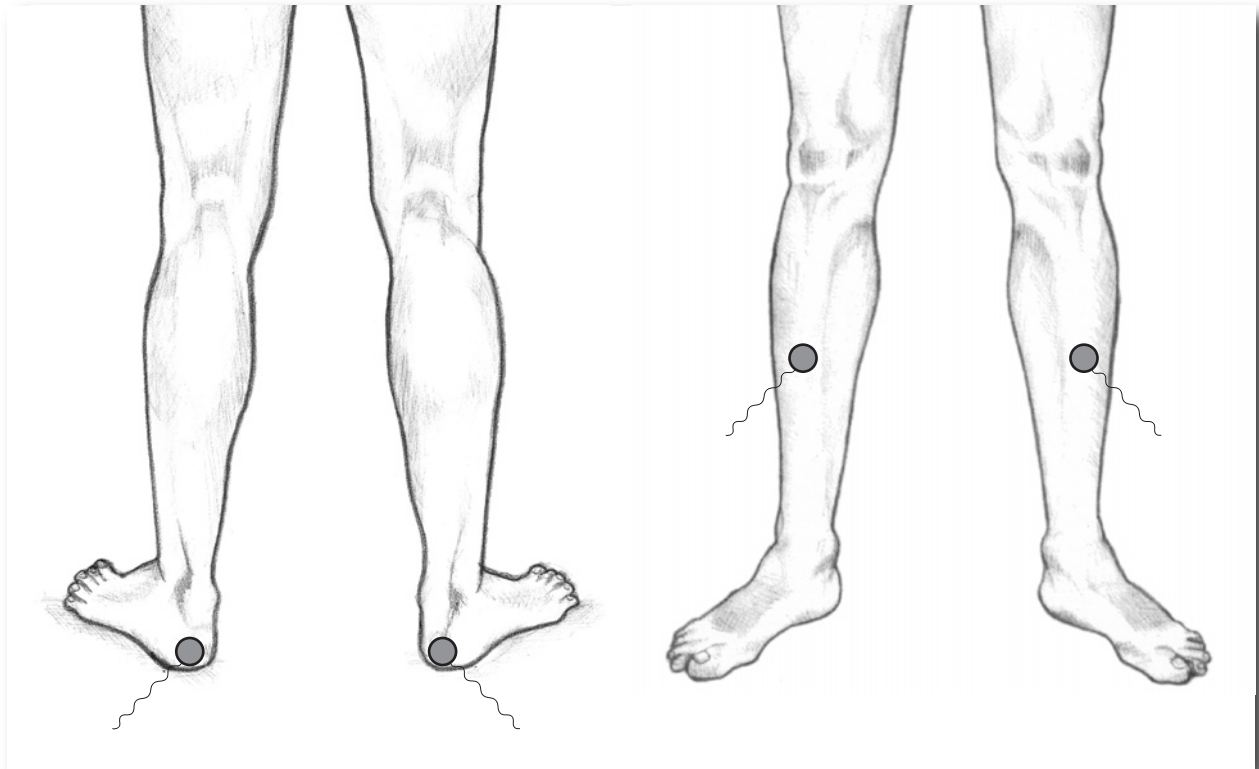
Middle of the calf in the back ( half the distance from the heel to the popliteal fossa)

This application made us realize that earlier treatments of the pre-existence were stabilized quite well with the Gamma 40 program.

Stomach 41 may be used by itself, in which case the indication emphasizes the pre-existence.



## 2. TREATMENT OF THE THALAMUS REFLEX AT BOTH HEELS, COMBINED WITH THE CENTER OF THE SPIRIT

**Location:**

Center of the heel

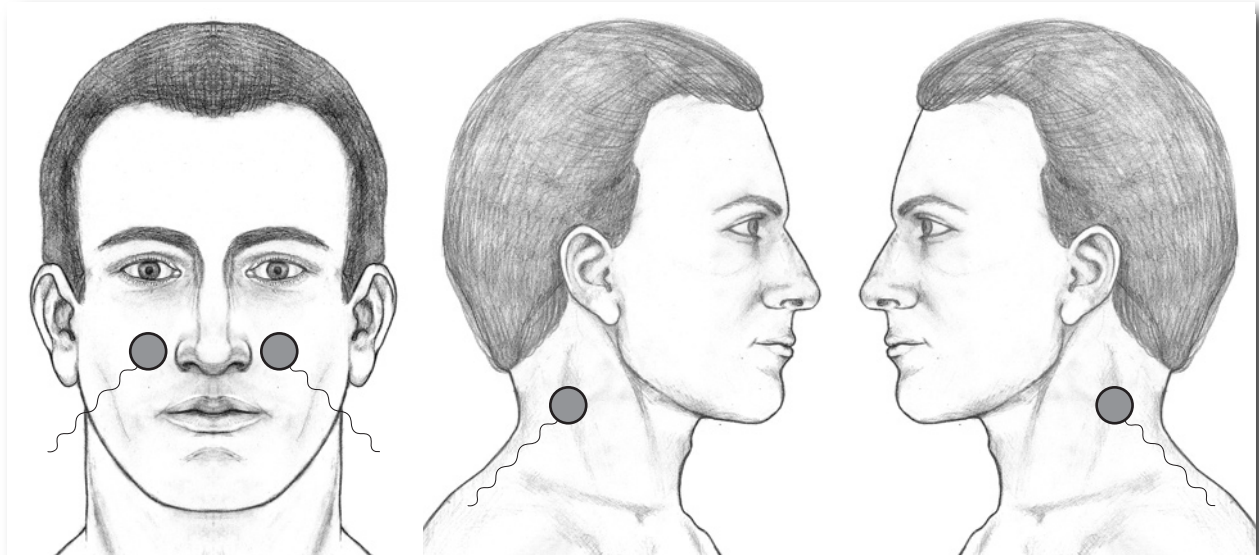
Middle of lower leg (half the distance from Stomach 41 to the patella)

We are addressing the process of becoming conscious (thalamus) of the spiritual information that is accompanying us, especially good if there are head or pelvic symptoms.

This program may be alternated with the programs Power nap and Cerebral training, also applied in these locations.

### 3. MAXILLARY SINUS AND LATERAL DRAINAGE

One of the most important systems is the lymphatic system of the brain, as we have found out through the work of the researcher Antoine Louveau. Years before the Prof. Goldmann and Ms. Prof. Mikänen had come to similar conclusions. They called their system of brain drainage the glymphatic system. These zones are reacting quite well to the Gamma 40 program. In this case an alternation with the StressImmun program is recommended.



I am certain that over time many other positions for the application of the Gamma 40 program will be discovered. I shall talk about that in my seminars.

### RECOMMENDED LITERATURE

Prof. Renee Weber  
**„Alles Leben ist Eins“**  
 Crotona Verlag  
 ISBN 978-3-86191.022-0

Prof. Giuliana Conforto  
**„Das Organische Universum“**  
 Mosquito Verlag  
 ISBN 3-928963-08-2

Michael Talbot  
**„Das Holografische Universum“**  
 Droemer Knaur Verlag  
 ISBN 3-426-26572-9

Dr. Deepak Chopra  
**„Die heilende Kraft“**  
 Verlag Bastei Lübbe  
 ISBN 978-3-932130-25-0

Dr. Reinhard Friedl  
**„Der Takt des Lebens“**  
 Goldmann Verlag  
 ISBN 978-3-442-15978-9

Donna Jackson Nakazawa  
**Freund oder Feind: Das Doppelleben der Mikrogliä in unserem Gehirn**  
 VAK Verlag  
 ISBN 978-3-86731-233-2

Donna Jackson Nakazawa  
**Wenn die Kindheit krank macht**  
 Goldmann Verlag  
 ISBN 978-3-442-22248-3

THE INDUCTION THERAPY

according to Peter Mandel

*Years of good experience...*

The Induction therapy is a unique natural method, which is modeled on the organism and can lead to tangible relaxation and harmony within a short time. It holds the mirror of its own original, unaltered vibrational rhythm up to the human brain. Gently the brain is guided towards loosening up distorted or stagnant wave patterns, so that it can return to the natural rhythm that is appropriate for a particular state of consciousness.

THE INSTRUMENT

*small, with a large effect*



It is lying small and refined in the hand. From the outside it is not discernible, what is all contained in it. Select the three treatment programs according to your requirements. Further programs can be downloaded at any time. Thus the instrument expands with your needs

WEITERE PROGRAMME

**Relaxation Programs**

Rest 1	Program for deep, inner relaxation
Rest 2	For any present time stress
Sleep 1	Supportive in problems of falling or staying asleep
Sleep 2	Regulates particularly the sleep rhythm
Dream	Stimulating dream activity

**Conflict Resolution Programs**

Conflict	Resolution and organization of individual conflicts
Children 1	Stress between ages 6 and 9
Children 2	Stress between ages 9 and 12
Gamma long	Resolution of blockages through the use of the meditative vibration
Gamma short	Resolution of blockages through specific reflex zones

**Stress Programs**

Stress Basic	Resolution of psychological tension
Stress Immune	Regulation and enhancement of the immune system
Stress Hormone	Supports the regulation of hormonal symptoms
Stress Spasm	Basic program for support in cases of migraine and headaches

**Depression/Psyche**

Psyche 1	Fatigue, weariness, listlessness
Psyche 2	In the manic phase of depression
Psyche 3	For endocrine depression

**Cerebral/Mental Programs**

Cerebral	Stimulation of brain activity, increasing wakefulness
Learning	Supports in case of learning disabilities and concentration problems
Memory	Increase of intellectual ability and stimulation of creativity

**Additional Programs**

Waking	Exhaustion, reconvalescence, chronic fatigue, complaints of the elderly
Degeneration	Basic therapy in all degenerative diseases
Power-Nap	Regeneration program for the elimination of daily stress
Addiction	Basic program for all types of addiction

**Additional Programs are under development.**

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